

# MOTIVATION

## Monday

### Classroom Family Q's

What is this a picture of?  
Do you like to run?  
Why or why not?



Watch Today's Video

### Video Reflection Q's

If you had gotten injured during this important race, what would you have done?

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How do you think Derek felt when his father ran out to help him? Why?

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## QUOTE CORNER

What do you think this quote by Henry Ford means?

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What is going "against you" in life right now?  
What can you do to keep going?

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***"When everything seems to be going against you, remember that the airplane takes off against the wind, not with it."***  
**- Henry Ford**